

Issue-5, Bi-Annual, July-December 2023

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# MESSAGE FROM PRINCIPAL'S DESK

I feel it as a great honor to write this message for the release of 5th issue of GRT CON News letter Upacharika Suchana which is released on 13.01.2024 during the occasion of Pongal Thirukudandhai Celebration bv the Dr U.Ve.VENKATESH, Spiritual Orator. The institution continuously strives to open up new avenues for the students to discover their creative talents and express themselves in multiple ways. I appreciate the enthusiastic effort made by the staff and the students to bring out this issue and all the hard work they put in. My heartfelt thanks to the management for their sustained interest, encouragement, guidance, moral, technical and financial support without whom the college would not have developed to this extend.



# **SPOT LIGHTS:**

- MESSAGE FROM PRINCIPAL'S DESK
- NEWS AND EVENTS
- DEPARTMENTAL ACTIVITIES
- DEVELOPMENTAL ACTIVITIES
  - o STUDENTS
  - o FACULTY MEMBERS
- BEYOND CLASSROOM



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# **NEWS AND EVENTS**

# 1. ANNUAL SPORTS MEET

Annual sports meet Avirbhav - 2023 was conducted on 19.07.2023. Mr.Vignesh.T, Deputy Superintendent of Police, Tiruttani Sub-division, Thiruvallur District was invited as chief guest. Flag hoisting was done - National flag Mr. Vignesh. T, DSP, Olympic Dr. Arumugam. S, Dean In-charge, GRT group of Institutions and College flag by Dr.Padmavathi.R Principal, GRT College of Nursing. March Past started and judged by the Chief guest. Olympic torch was lighted by Dr.Padmavathi.R, Principal, GRT CON and it was received by Mr. Vignesh. T and lit the Olympic lamp. All the winners of sport events were awarded with memento and certificates.



# GREST LEGE & SOLOF NURSING GREST Akshmi Napar Chip Tirupati Highway, Tirutt

# 2. ANNUAL DAY

14th Annual Day was Celebrated on 19.07.2023 GRT Mahalakshmi Vidhyalaya at School Auditorium. The Principal Dr.R.Padmavathi presented the annual report accentuating the progress of the college throughout the year. The College Bi-annual News Letter- issue 04 was released by the honorable Chief guest Dr. Vedanayaki, Principal, Thalapathy Vinayagam Arts and Science College for Women and gave a very inspirational speech. The academic excellence & Subject wise Meritorious awards of the students for 2020-2021 & 2021-2022 academic year was awarded with Memento and Certificate of Merit.

# GRT GRT IIII GRT IIIII GRT IIII GRT IIII GRT IIII GRT IIII GRT IIII GRT IIII GRT IIIII GRT IIII GRT IIII GRT IIII GRT IIII GRT IIII GRT IIII GRT IIIII GRT IIII GRT IIII GRT IIII GRT IIII GRT IIII GRT IIII GRT IIIII GRT IIII GRT

# 3. INDUCTION PROGRAME

15th Induction Day Programme was organized on 4.10.2023 at GRTCON Auditorium. The Program was started with Tamilthaivazhthu followed by the formal Welcome speech by Mrs. Nirmala, Associate Professor and the traditional Lighting of lamp by Principal, senior faculty memebers and Parents. The Presidential address was given by Dr. S. Arumugam, Dean in-charge. The College has an amazing ambience and conducts activities and event's overflowing with vigor which was explained by Mrs. Thilagavathi, Senior Faculty. Prof. A. I. Chitra, Vice Principal introduced the team of 1st yr Faculty Members. Dr. Padmavathi. R Principal mentioned the Rules and Regulations. The Program was ended at 1.30pm with Vote of thanks by Mrs.Sivaranjani, Asst.Professor.







# 4. 15th LAMP LIGHTING

The Lamp Lighting Ceremony of the 15th batch of B.Sc (N) and 6th batch of ANM students of GRT College and school of Nursing was held on 23rd December 2023 at GRT CON Auditorium, Tiruttani. Mrs.Jayanthy, Associate Professor welcomed the gathering. A total of 74 students of first year B.Sc Nursing and ANM students lit the lamp and took oath in this Ceremony to uphold the values of Nursing Profession. Dr.Padmavati.R, Principal, GRTCON pronounced the Nurse's pledge and Dr. Arumugam S Dean i/c, GRT Group of educational institution gave presidential address. Dr. Jayanthi Tarugu, Principal, Apollo College of Nursing, Chitoor was the chief guest. She has highlighted the significance of the lamp lighting ceremony, value and status of nursing profession. The ceremony was ended with vote of thanks by Prof. Chitra.A.I.



# 5. ZONAL LEVEL COMPETITIONS

GRT College and school of Nursing, Student Nurses association participated in the TNAI – SNAI zonal level competition held at karpaga Vinayaga College of Nursing, Madhuranthagam (Zone-II) on 06.07.2023. A total of 700 Nursing students from in and around Tiruvallur district competed for 16 events at zone level and zone to state level. A total of 28 students from GRT CON & SON exhibited their talents in the events and won First place for Vegetable carving, Pencil sketching & Hair do, second place for Poster presentation & Comedy time and Third place for Best SNA unit, Best SNA dairy & Dance competition.





# 6. TRAINING ON TECHNICAL ASPECTS OF MEGA MEDICAL CAMP

GRT CON, Student nurses association organized Training programme on 'Technical aspects of mega medical camp' on 02.08.2023 at 09.00 to 12.30pm. The programme started with warm welcome address by Mrs. Jayanthy L, followed by the introduction of the Chief Guest and Dr.Padmavathi.R. programme by Dr.Parul mistry, MD MA, Chief business officer global trustr, Ms.Marta Murphy, Global COO & APAC, CEO trustr, Mr. Vidya gudapati, technology lead, and Mr.Dinesh kumar, co-ordinator, Trustr gave wonderful training about the trustr app, its operation and application on patients. Student's volunteers were divided into 3 batches and got training. The programme ended around 12.30pm

Website: www.grtnursing.com .......



# 7. GUEST LECTURE

SNA of GRTCON conducted knowledge enrichment programme on 'Ethical aspects of death and dying, ethical considerations around organ donation on 02.08.2023. Dr. Parul Mistry MD, MA, Chief business officer – Global trustr was the resource person and she enlightened the ethical principles and importance of organ donation in current situation. The participants committed themselves that they also will donate organs.





# 8. MOTIVATIONAL TALK

SNA of GRTCON in coordination with Y4N Tamilnadu and puducherry conducted a motivational and awareness talk on "Nationalism and patriotism & Opportunities for nurses in defense forces" on 03. 08.2023. The key speakers of the programme was Dr. J.S. Raj kumar, Specialist general, lap.surgeon, Dip.NB (General surgery), FRCS (Edinburgh), FRCS (England, Glasgow, Ireland), Founder lifeline group of hospitals and Major Madhan Kumar, PGCBM-XLRI, Jamshedpur, B.Tech (Textile tech), Retired Indian army, Trooper India services pvt.ltd, logistics, safety & Security consultant. The programme was started with formal welcome address by Mrs. L.Jayanthy, Associate professor followed by the introduction of guest speaker by Dr.Padmavathi.R, Principal. A total of 390 students and 25 faculties attended this programme and benefitted. It was an eye opener for most of our students to choose Army nursing as their career.



# 9. MEGA MEDICAL CAMP

SNA of GRTCON in coordination with Trustr, Healia Digital and Life Line Hospitals conducted Mega Health Check up at Pothaturpet, Tiruvallur District on 06.08.2023. A total of 390 B.Sc (N) and ANM students involved in the screening programme. The camp started around 8.00 am. The following clinical parameters like heart rate, respiratory rate, SPO2, Stress level and BP was identified through face scanning which was achieved by the app developed by Trustr. The programme also aims to achieve world record to screen 10000 populations within one hour. By the great effort of all the students we were able to screen more than 11000 populations within one hour.





# 10. STATE LEVEL COMPETITIONS

The Tamil Nadu XXX state SNAI Biennial Conference 2023 was held at Dharan College of Nursing, Salem from 11.08.2023 to 12.08.2023 with the theme "Empowering Nursing Students : Prospects and challenges." A total of 3 faculty and 24 students participated. Totally 157 Nursing colleges and 2600 student nurses were participated from various colleges. On 11.08.2023 students participated in various competition. On 12.08.2023 State SNA general body meeting was conducted followed by SNA Election, SNA diary and Best SNA unit evaluation was done. The conference was ended with valedictory session and our students bagged with Third prize in quiz competition



### 11. WORLD HEART DAY

GRT college and school of nursing commemorated the world heart day 2023 by doing world record attempt of 26 hours nonstop talk show regarding heart care awareness. Adjudicators from kalam's world records evaluated the event for two days. The event took place on 28.09.2023 at 9.00 am and lasted for a record breaking 26 hours that is on 29.09.2023 at 12.20 pm. A total of 352 B.Sc.(N), ANM students and faculty members enthusiastically participated and they were awarded by Kalam's World Record. To promote inclusivity students were encouraged to talk in different languages like English, Malayalam, Telugu and Kannada.

# திருத்தணி ஜி ஆர் டி நர்சிங் கல்லூரிக்கு உலக சாதனைக்கான சான்றிதழ்: 26 மணி நேர டாக் ஷோ–உலக இதய தினத்தில் அசத்தல்!

கடலூர்புவக்,1-

திருத்தனரி ஜிஆச்டி சலில்லர் கல்லூரிலில் பணிநோர் தொடர்ந்து தவர் காக்கும் விழிப் வர்வு பற்றிவ டாக் வேள ய ப்பெற்றது.

கிகழ்வானத் செப்படப்பர் தீவழ்வு குத்துவின் க்கேற்றி துவக்கி வைத்த தாகில் கல்லும்! முகல்லை! டாக்டப் தமாவதி தலைமையில் நம்! டேற்ற சாதலைச்சானது 26 எணி நேரம் இறை விடாது நடைபெற்றதர்.

டும்பெற்ற உண்ட கடிதலர் கடித்த வரும்பி உற்றும் உல கடித்த வரும்பி கடித்த வரும்பி உரக்கப் நடிகையூர்கள் கடித்த வரும்பி நடிகையூர்கள் அடிக்கில் நடிகையூர்கள் அடிக்கில் நடிக்கில் நடிகில் இதிக்கைய இரும்பிய நடிகில் கடித்த வரும்பிய இரும்பிய தெரிக்கில் கடித்த வரும்பி கடித்த கடித்த வரும்பில் கடித்த கடித்த வரும்பில் கடித்த கடித்த வரும்பில் கடித்த கடித்த வரும்பில் அவரும்பார்கள் கடித்த வரும்பில் அவரும்பார்கள் கடித்த வரும்பில் இந்த கருக்கவையில் இடிக்குக்



விடித்தனர். 26 மணி தே இதலர் காக்கும் விழிர் முனர்வு உரக் ஷோ உல

அவரம் வேரல், ' ' இர அரை ' வில் இ' ம் ' ம் நிருத்து உலக அர நுலைக்கால காவத்தவழ் வரைப் பேலில் ரேக்கால் கி இழுவை இழுவை அர் பு விவில் குழுவதில் புருவை மற்றும் நாகி அறுவை மற்றும் நாகி விலுவி அறிவளர் டக் பருமாவதி அறிமோரிட்ட முன்னிரைக்கி வழுவினை முன்னிலைக்கி வழுவினை

See san organization

கோகுவ் முறிக்கு கவர மேர்க்கு நெக்காரப் நெக்கா செய்யத்தில் நடிதியத் வஞ்தரி சமிக்கி ஆட்செயத் நிறும் பசிக பொழு களு நடிதிய பெரும் கரி மழக்கம் மடிக்கு பாக்க முன்னா மற்றும் டாக்ட மிரியக்கு மறுக்கும் பூ

மேலும் உரக் மேற திகழ்கில் பால்கெடுத்த அண்ணத்து மானைவ கருந்துக்கோன சாதனை மன்கேற்றதற்கான சாத் திதனது கலைக் மேல்பி நென்று நக்காக் முழக்கேயு இந்த சாதலை இகற்கில் கொரும் பணியார்தி ஒருவ் மேற்கோள்ட ஆவைக்கு சிர்வுளரமான சிகருக்கும் சான்தேழ் வழக்கி கொரு விக்கப்பட்டன்

செயிலியர் உருவையர் நலச்சங்கள் என்பன்ப ஆசோசசு வினிந்துகரமான இது மந்தி அவர்களுக்கு இது மழ் பாதார் இல் தெரி விக்குர் எர். அ.

இறு திலின் இதயல் கண்ணம் உலக சாத மையை மினத்திரைப்படி புத்தி முடித்தமையைக் கொள்டாடும் யாலவில் துதல் காரியோல் என்றே முமையில் பாபெரும் உறுவி கொழி ஏற்சார் ' அ

உல்ல இவ்ப நிலந்தில் மருத்துவத்துறை சார்ந்தி தெலியே மாண்டில் இருட்டியிட்டு மணி தேரம் இடைகிடாத மணி தேரம் இடைகிற எக் தேரவில் சேசி சக் ராத்கையை உருமாகியத்தி தெதிய மருத்து தறைந்த கெருமை சேரிக்கும் விறுமாக அமைந்தது என்பது குறி



# 12. SNA ELECTION

SNA Unit conducted election on 14.10.2023 and 15.10.2023 at Admission hall between 1.00 to 5.00 Assistant Ms.Gracy, professor and pm. Ms. Poornima., Clinical instructor was appointed as election officers. The carefully scrutinized final nomination list was posted outside the hall and all students were given adequate time and ballot sheets individually to fill the names of their future leader. The students of all four years including ANM students were given chance to cast their votes. A total of 339 votes were collected through ballot box and sealed box was handed over to the SNA Advisor.



# 13. SNA SWEARING IN CEREMONY

The most significant day of student's life chapter, GRT CON, SNA organized swearing in ceremony at GRT CON auditorium on 25.10.2023 between 1.30 to 3.00 pm. This auspicious event began with prayer song and lighting kuthuvillaku by the dignitaries. A formal welcome address was given by Ms.Mahadevi.G. ex-SNA Vice President. Then the President of SNA unit, Dr.Padmavathi.R announced the winners of Vice president, secretary, chair-person and assistant chairperson of various post to the audience. Followed by oath was pronounced by the principal. Then the programme continued with previous year report presentation and achievements Ms.Mahadevi.G, president by Vice and Ms.Leena mery viviliya, Secretary. The last year budget and expenses details were narrated by Ms. Mohana Priya, Treasurer. At last the programme was ended with Vote of thanks and National anthem.





# 14. TNAI - 30TH SNAI BIENNIAL CONFERENCE

On Behalf of GRT college of Nursing, Student Nurses Association- 2 faculty members and 5 students were deputed to attend the 30th National Biennial conference at Thyagaraj stadium, INA, New Delhi with the theme "Empowering Nursing student: Prospects and challenges" from 28.11.2023 to 29.11.2023. A colorful state parade ceremony was conducted on the stage around 3.00pm. One of our student Ms.Amala., I year B.Sc.Nursing took part in the parade representing Tamil Nadu state SNA unit. After that Dr.Jothi clara micheal, Director of Nursing, IHH Healthcare India, taken a stage and delivered a vibrating speech to the audience on the topic of Investing in Nursing.

# GRT GRT IVI-DEC 2023

# 15. PLACEMENT CELL ACTIVITIES 15. 1. CAMPUS INTERVIEW

S.No	Date of Campus Interview	Hospital Name	No of students selected
1	07.07.2023	Kauvery Hospital	32
2	02.11.2023	Apollo Hospital	17
3	03.11.2023	Chettinadu Health City	22
4	04.11.2023	Sri Ramachandra Medical College And Hospital	37











# 15.2. EMPLOYABLITY SKILL TRAINING

Placement cell organized Employability Skill Training in coordination with Origination- a CSR initiative for the Final Year B.Sc (Nursing) students on 19.10.2023 & 20.10.2023. The Resource Persons were Mr.Michael, M.A., English, Senior Trainer, Director of American Academy and Mr. Joseph, B.A English, Trainer, jointly trained the final year students on the basis of Interview skills, Resume writing, Public speaking, Relationship development, Finance handling, coping stress at work place, group discussion and healthy lifestyles etc,.



# 15.3. INTERNATIONAL PATIENT SAFETY GOALS WORKSHOP

Placement cell organized International Patient Safety Goals workshop for the B.Sc (N) students from 26.10.2023 to 31.10.2023 at College premises. Totally 175 B.Sc (N) students attended the workshop. The programme was started with prayer song and the formal welcome was given by Dr.Padmavathi R, Principal. Pre test was conducted to the participants. Mrs. Sharon Grace Joseph, M.Sc (N), Asst Professor, MMM College of Nursing gave introduction about the ANEI and highlighted Goal - II Improve Effective communication, Goal - IV Ensure Safe Surgery, Goal - VI Reduce the risk of patient harm resulting from fall. Mrs.Roseline Anitha, M.Sc (N), Tutor, MMM College of Nursing explained the Goal - I Identifying patients correctly, Goal - III Improve the safety of High alert medications and Goal - V Reduce the risk of Health Care associated infections alternatively.





# 15. 4. NURSING DEXTERITY TRAINING

Placement cell organized Nursing Adroitness Intensification program - Nursing Dexterity classes from 26.10.2023 to 31.102023 for the Final Year B.Sc (N) students. All the nursing subjects and topics related to Competitive Exams and Interview questions were revised and discussed with the students by Nursing Experts of GRT College of Nursing.



# **DEPARTMENTAL ACTIVITIES**

# 1. MEDICAL AND SURGICAL NURSING DEPARTMENT

### 1.1 WORLD HEPATITIS DAY

GRT CON Medical and Surgical Nursing Department observed the World Hepatitis Day with the Theme of "One Life One Liver" on 28.07.2023. Ms. Mahadevi.G. B.sc (N) IV Yr welcomed the gathering. 7 students participated in Oration competition and 10 participants exhibited their innovative ideas in moulage making. The competition was evaluated by Dr. Padmavathi.R SNA President and Mrs.Jayanthy.L, SNA Advisor followed by Mime Act about Hepatitis was carried out. The program was ended with Vote of thanks by Ms. Mamathi.S B.sc (N) IV Yr.



# 1.3 WORLD PNUEMONIA DAY

Student Nurses Association observed world pneumonia day on 26.11.2023 at Male medical ward, Government Stanley hospital, Chennai. The theme of this year was "Every Breath Counts: Stop Pneumonia in Its Track". Students of B.Sc.(N) II year organized this event by creating colorful posters and the same was exhibited among 15 patients and their attenders.



# 1.2 NATIONAL EPILESY DAY

National epilepsy day awareness programme was organized by SNA at Stanley Government hospital, Neuro medical ward on 27.11.2023 to raise awareness about epilepsy condition and its impact on individuals, families and communities who are affected by this disease. A total of 30 patients and their attenders were benefitted out of this programme and it was highly appreciated by the ward in charges and patients.





# 2. OBSTETRICS AND GYNAECOLOGICAL NURSING DEPARTEMENT

# 2.1. WORLD BREAST FEEDING WEEK CELEBRATION

Department of Obstetrics and Gynaecology Nursing organized the programme like Role play, Health Talk, Guest lecture's speech and Awareness on Breast feeding at Beerakkuppam PHC from 01.08.2023 to 04.08.2023.

Day - 1: Role Play and Health Talk were given by ANM I & II year students at Beerakuppam PHC on 01.08.2023. Antenatal mothers were got benefited and Healthy snack – Groundnut burfi was provided to them.

Day - 2: Quiz competition for Final year students were conducted at GRT CON, IV yr Classroom on 02.08.2023. 5 students in each 5 groups were chosen. 3 groups were awarded as first, second and third places according to their score.







Day - 3: Dr.Niroshini.N.J, MD Paediatrics, Asst Surgeon, Government Hospital, Tiruttani on 03.08.2023 and gave a talk based on theme highlighting breast feeding and its benefits and challenges.

Day - 4: Health Talk was given to all the postnatal mothers and their family members on 04.08.2023 at Government Hospital, Tiruttani. Nutritious snack - Groundnut purfi was distributed to all.



# 2.2 BREAST CANCER AWARENESS

The Obstetric and Gynecology Nursing Department in Coordination with Student Nurses Association Conducted an awareness Program at Thalapathy. K. Vinayagam, Arts and Science College for Women, Tiruttani on 31.10.2023. Nearly 320 students from various departments of Arts and Science participated. Initially the students were given a general description and awareness about the Breast and Breast Cancer by Prof. A. I. Chitra, Vice Principal. Followed by Breast Self examination was demonstrated by Mrs. Premila. A Study was conducted to assess the effectiveness of awareness program through Google form and received response from 102 participants.

# B. COMMUNITY HEALTH NURSING DEPARTMENT

# 3.1 WORLD POPULATION DAY

GRT CON Community Health Nursing department organized the World Population Day awareness rally with the theme of "Unleashing the power of gender Equality: Uplifting the voice of women and girls to unlock our worlds infinite possibilities" on 11.07.2023 at Cherukkanur Village. The Rally was started at 10.00am by Mr. L. Chinnathambi, President, Cherukkanur Panchayat. Nearly 50 B.Sc Nursing final year students and 4 Staffs participated in this rally. The awareness programme was highly appreciated by the Cherukkanur Panchayat President and by the village peoples.



# 3.3 WORLD DIABETES DAY

Community Health Nursing Department observed World Diabetes Day on 21.11.2023 with the theme "Access to diabetes care" at Cherukkanur Village. The day commemorated by organizing Diabetic camp in coordination with M V Diabetic Centre, Avadi, Chennai. Totally 50 community people were screened for diabetes and referral made based on the report.



school of

# 3.2 WORLD OSTEOPOROSIS DAY

On account of World Osteoporosis Day, SNA unit and Department of Community Health Nursing organized Awareness Programme on "Build Better Bones" on 20.10.2023 at Government Hospital - Arakkonam. The programme was presided by Dr. Prasanth MBBS, MS(Ortho) Assit. Surgeon, AGH. It was an excellent opportunity to conduct awareness programme in order to promote the early diagnosis of osteoporosis, its management and preventive tips for strong bones to avoid any risk of osteoporosis and associated complications in future. A total of 45 patients and their attenders were benefitted out of this programme.





# 3.4 WORLD AIDS DAY

SNA unit and Department of Community Health Nursing organized Awareness Programme to Observe World AIDS Day with the theme of "Let Communities Lead". Intending to reflect on the progress made to date, raise awareness about the challenges that remains to achieve the goals of ending AIDS by 2030 and mobilize all stakeholders to jointly redouble efforts to ensure the success of the HIV response. The programme was presided by



Dr.Gopi Krishnan, BMO, Beerakuppam PHC. Awareness speech was given by ANM and HI students using posters. A total of 50 general public were benefitted out of this programme.

# 4. MENTAL HEALTH NURSING DEPARTMENT

# 4.1 WORLD ALZHEIMER'S DAY

Student Nurses Association observed the International Alzheimer's Day – 2023 on theme 'Never Too Early, Never Too Late' at institute of mental health on 21.09.2023. Formal Welcome speech was given by Ms.Thrisha.B BSc (N) Third year student. Followed by Psychodrama related to Alzheimer's disease highlighting how it starts, signs and symptoms, family members support and care of patient in both physiological and psychological aspect. Then Poster presentation was done by



Ms. Truthika. R BSc (N) Third year. The Programme was ended with vote of thanks by Ms. Kavinilau. G.



# 4.2 WORLD MENTAL HEALTH DAY

SNA unit observed World Mental Health Day at Institute of mental health on 10.10.2023 between 10am to 2pm by Conducting sports events and poster presentation, Essay writing, Slogan Competition and elocution among 13 college students on the theme "Mental Health is a universal Human Rights" under the guidance of Dr.Angel Shalini, Professor, Mrs.Suganthi, Asst.Professor, Dept of Psychiatric Nursing, Mrs.Praveena and Ms.Shakina, Clinical Instructors on

09.10.2023. Had an awareness talk by Mrs. Rajalakshmi and Mrs. Rupa Rani Nursing superintendent and Mr. Elango, HOD, Dept of Psychiatric Nursing, IMH. Our students Ms. Priya B bagged with first place in Poster Presentation.



# **DEVELOPMENTAL ACTIVITIES**

# 1. STUDENT DEVELOPMENTAL ACTIVTIES

# 1.1. LANGUAGE DEVELOPMENT ACTVITIES BY LITERARY CLUB AFFIRMATION CARD MAKING CONTEST

As part of literary club activities, An Affirmation Card Making Contest was organized on 21.7.2023 for the students where a topic on Kindness was given. There was a very good response from the students. Nearly 36 Cards were prepared by the Students with lots of innovative approach. Based on the Criteria the students who bagged the first three Prizes were

I Prize – Ms. Thanushya P, BSc (N) II Yr II Prize – Ms. Devi J BSc (N) II Yr III Prize- Ms. Ezhilpriya T BSc (N) II Yr



# **COLLAGE COMPETITION**

As part of literary club activity, a Collage Competition was conducted at Nursing College Auditorium with the topic on "Nursing Shortage" for the 2nd yr Students on 25.9.2023. Totally 12 students Participated in 6 batches. All the



# **EXTEMPORE CONTEST**

The Literary Club organized an Extempore contest on 29.8.2023 & 31.8.23 for the 1st & 2nd year Students with a topic on Friendship. All the students were involved and given 1 minute to reciprocate their Content, language Proficiency and Communication skills. Students enthusiastically participated and exhibited their Caliber.



participants brought the newspapers, magazines, scissors and other raw materials and grabbed their seats. All the students participated enthusiastically with competitive spirit.



# AN INTER-DEPARTMENTAL ELOCUTION COMPETITION

The Literary Club Organized an inter-departmental Elocution Competition on 02.11.23 &18.11.23, the Participants were from Nursing, Engineering and Pharmacy Departments. Initially a Semifinal round was Conducted with 40 Participants on 2.11.2023. The Presenters were evaluated based on the theme "How to tackle bad habits & Being Peaceful in the unstable World". Initially an Inaugural address was given by Dr. Radhika Vidyasagar followed by debriefing of Rules and Regulations by Mr. Michael. The students enthusiastically taken part and exhibited their Oratory Skills. The Final round was conducted on 18.11.2023 with the topic-Biographies and its impact on Life lessons. Inaugural address was given by Dr. Padmavathi R, Principal, GRTCON and Mr. Michael debrifed the rules and regulations of the Competition based on the evaluation Criteria for Elocution.





The Participants were evaluated by Mrs. Sharmila, Principal, GRT Mahalakshmi Vidyalaya & Mr.Michael, English Coacher, American English Academy. All the students excelled in their Presentation and it was tough to evaluate, as each one is strong in their oratory skills, Finally based on the Criteria the students who bagged the first three Positions were:

I Position -.Ms. Trisha, Nursing Dept II Position -Ms. Lisha. K, Pharmacy Dept III Position-Ms. Durga, Pharmacy Dept & Ms. Manisha. S. Engineering Dept

# **ESSAY COMPETITION**

As part of Literary club activity, an Essay Competition was Conducted on 21.12.2023 with the topic - Way's to Promote team spirit in Health Care. Nearly 42 B.Sc (N) students took part and they were given 1hr time period to showcase their Skills, Creativity thus helps to analyze and evaluate outcomes and uncover their thoughts in writing skills. All the students participated enthusiastically with competitive spirit. The students who bagged the first three Positions were

First Prize - Ms. Trisha III Yr Second Prize - Ms. Mahalakshmi T I Yr Third Prize - Ms. Pooja Prakash I Yr



# EMERGENCY OBSTETRICS & NEWBORN CARE TRAINING

To enrich the students Skill based Learning the Curriculum Enrichment Committee Organized an Emergency Obstetric and Newborn Care Training for B.Sc (N) IV yr students in Coordination with Impetus Health care Skills Pvt Ltd from 17.7.2023-18.7-2023 & 20.7.2023-21.7.2023 in the Nursing Foundation Lab & Computer Lab. Nearly 80 students took part in two batches. Students enjoyed the training and the trainers gave very good feedback about the students response.



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# 1.2 CURRICULUM ENRICHMENT PROGRAMME HEALTH ASSESSMENT TRAINING

The Health Assessment Course training was conducted for B.Sc Nursing first year students (2022-26 Batch) from 06.09.2023 to 09.09.2023 for 4 days in coordination with Impetus Health care skills private ltd. The training program focused on 20% theory session and 80% of skill training. We received a very good feedback from both the students and training agency.





# 1.3 PARTICIPATION IN COMPETITIONS

# KKCTH COMPETITION

Ms. Abinaya third year B.Sc(N) student participated in poster presentation on 16.10.2023, which was organized by KKCTH, Chennai on account of Infection Prevention Week Celebrations and got first prizempetitive spirit.





# STATE LEVEL COMPETITIONS

The Tamil Nadu XXX state SNAI Biennial Conference 2023 was held at Dharan College of Nursing, Salem from 11.08.2023 to 12.08.2023 with the theme empowering nursing students: Prospects and challenges. A total of 3 faculty and 24 students got the chance to attend the conference and competitions. Ms. Trisha, Ms. Thiruthika and Ms. Saritha BSc(N) III year participated in Quiz competition and won the Third prize.



# **ZONAL LEVEL COMPETITIONS**

GRT College and school of Nursing, Student Nurses association participated in the TNAI –SNAI zonal level competition held at karpaga Vinayaga College of Nursing, Madhuranthagam (Zone-II) on 06.07.2023. A total of 28 students from GRT CON & SON exhibited their talents in the events and won so many prizes. The details as follows,

- 1. Best SNA unit- Third place
- 2. Best SNA dairy- Third place
- 3. Poster presentation- Second place
- 4. Vegetable carving- First prize
- 5. Pencil sketching- First prize
- 6. Hair do First prize
- 7. Comedy time- Second prize
- 8. Dance competition- Third prize





# 2. FACULTY DEVELOPMENTAL ACTIVTIES

# 2.1 CONTINUING NURSING EDUCATION PROGRAMME

Our faculty members actively participates and updates they credit hours for licence in the online CNE programme organised by the Tamil Nadu Nurses and Midwives Councisl (TNNMC)

S.No	Name of the Faculty	Total Earned Credit hours	Required Credit Hours for Completion	Expiry Date	Status
1.	Dr.Padmavathi.R	125	25	02.02.2024	Active
2.	Prof.Chitra.A.I	08	142	23.07.2028	Active
3.	Prof.Sivagami.P	07	143	22.08.2028	Active
4.	Prof.Umamaheswari.P	15	135	18.11.2028	Active
5	Dr.AngelShalini.W	186	-	06.07.2024	Active
6	Mrs.Nirmala.M	10	140	23.07.2028	Active
7	Mrs.Jayanthy.L	209	-	19.05.2024	Active
8	Ms.Gracy.J	17	143		
9	Mrs.Premila.P	-	150	07.08.2028	Active
10	Mrs.Saranya.L	38	112	05.09.2027	Active
11	Mrs. Suganthi.S	-	150	24.03.2024	Active
12	Mrs.Sivaranjani.S	30	120	31.05.2025	Active
13	Mrs.Thilagavathi.P	204	-	08.03.2025	Active
14	Mrs.Sakila.M	99	51	19.05.2024	Active
15	Mrs.Praveena.M	06	144	04.11.2027	Active
16	Ms.Yuvarani.C	08	142	06.01.2026	Active
17	Mrs.Tamilselvi.S	15	135	08.03.2027	Active
18	Ms.Poornima.V	6	144	03.08.2026	Active
19	Mrs.Gowri.K	-	150	11.04.2028	Active
20	Mrs.Kamali.S	6	144	12.02.2028	Active
21	Ms.Priyanka.B	-	150	19.07.2028	Active
22	Mrs.Swathi.M	-	150	02.12.2028	Active
23	Ms.Priya.A	-	150	28.11.2028	Active
24	Ms.Swathy.N.M	-	150	26.12.2028	Active
25	Mrs.Thiriveni.S.G	-	150	28.11.2028	Active
26	Mrs.Meenakshi.S	-	150	16.12.2028	Active
27	Ms.Swetha.T	56	94	21.11.2024	Active
28	Ms.Shakina.N	76	74	21.11 .2024	Active
29	Mrs.Asha.K	154	-	11.12.2024	Active
30	Ms.Sakthipriya	-	150	24.09.2028	Active
31	Ms.Elamathi.V	-	150	26.01.2028	Active
32	Ms. Priya. R	66	84	10.7.2027	Active



# 2. 2. PARTICIPATION IN CNE PROGRAMMES

Date	Name of the faculty member	Topic	Name of the Organization
22.11.2023	Mrs.Sakila.M Ms.Poornima.V	Diabetes: know your risk, know your response	The TamilNadu Dr.M.G.R Medical university
29.11.2023	Prof. Chitra.A.I Prof Umamaheswari	Integrating Health Literacy Challenges & Strategies"	Faculty of Nursing, Dr.M.G.R Educational and Research Institute, Chennai.  Prof.Umamaheswari got first prize in the poster presentation
08.12.2023	Prof.Sivagami.P Prof. Umamaheswari.P	Nursing Management of Dermatological Disorder"	CMC College of Nursing, Vellore
15.12.2023	Ms. Gracy Mrs.Praveena	Crafting Comprehensive Insights on Mixed methods for Nursing Researchers"	Madha College of Nursing
15.12.2023 & 16.12.2023	Mrs.Jayanthy	Smart Health and Cyber Security: Protect, Detect and Connect"	Apollo College of Nursing
19.12.2023	Ms.Priya R Ms.Tamilselvi.R	Awareness on Emerging and Re-Emerging of Zoonotic Diseases"	The TamilNadu Dr.M.G.R Medical university















# **2.2 JOURNAL CLUB ACTIVITIES**

Date	Faculty Members	Topic
14.7.2023	Mrs.Swathi	Kwasaki Disease ,a mucocutaneous lumph node syndrome
	Mrs.Kamali	Kwasaki Disease ,a mucocutaneous lumph node syndrome
	Ms.Swathi.N.M	Kwasaki Disease ,a mucocutaneous lumph node syndrome
15.9.2023	MsPoornima	Kwasaki Disease ,a mucocutaneous lumph node syndrome
	Ms. Yuvarani	Vaccine for Malaria, Mosquirix
27.10.2023	Ms.Tamilselvi	Post traumatic Stress Disorder
17.11.2023	Ms.Priya.A	Stockhome Syndrome
15.12.2023	Ms. Shakthipriya	Kwasaki Disease ,a mucocutaneous lumph node syndrome
	Ms. Elamathi	Manchausan Syndrome





















# 2. 3 FACULTY QUIZ

DATE	TOPIC	BEST PERFORMER
20.7.2023	Epidemiology and Communicable Diseases	First Position -Mrs.Thilagavathi(17/20) Second Position -Dr.AngelShalini (15/20) Third Position -Mrs.Tamilselvi &Ms.Shakina (13/20)
25.8.2023	Oncology-(Medical and Surgical Nursing)	First Position -Mrs.Thilagavathi &Mrs.Swathi.M (17/20) Second Position -Mrs.Kamali (16/20) Third Position -Mrs.Tamilselvi,Ms.Priya.A,Ms.Shakina(15/20)
20.10.2023	Normal Pregnancy from Obstetric and Gynaecological Nursing	*







# GR T GR T JUL-DEC 2023

# **BEYOND CLASSROOM**

# 1. SNA ACTIVITIES

### 1.1 INDEPENDENCE DAY

Student Nurses Association celebrated 77th Independence Day on 14.08.2023 at GRT CON Auditorium. The auspicious occasion started with Thamizhthai vazhthu and followed by welcome address was given by Ms.K.Keerthika second year B.sc (N) student. A poetry competition and seminar presentation was conducted based on the theme of "Mahakavi Bharathiar and National Freedom Movement". In poetry competition, second year B.Sc (N) students (13Nos) enthusiastically participated and exhibited their talents by patriotic flavour of poems. It was evaluated by inspiring principal Dr.Padmavathi.R. Followed by seminar was presented by the second year B.Sc (N) students Ms. Takhe Munya, Ms. Durga. V Ms.G.Auxcellin Jose to enrich our students knowledge. The session was ended with vote of thanks by Ms.Puvitha.P second year B.Sc (N) student.





# 1. 2. ONAM CELEBRATIONS

Student Nurses Association celebrated Onam festival on 24.08.2023 at GRT CON Auditorium. On the auspicious occasion, students decorated the floor with Athapookalam. Programme started with Prayer song followed by welcome address given by Ms. Jismmariya sebastin I year B.sc (N). Then the graceful welcome dance performed Ms. Ashna with Video clip regarding onam harvest festival and also students performed Thiruvathira dance. Onam Banner opening ceremony done by Principal followed by that pot breaking event was conducted. Additionally, Rangoli competition was conducted and it was evaluated by Prof.Umamaheshwari. Then Special onam message was given by Dr.Padmavathi.R Principal and the festival was ended with Vote of thanks.



# 1. 3. TEACHER'S DAY CELEBRATION

Student Nurses Association organized teacher's day celebration on 05.09.2023 with the aim to tribute all the teachers for their selfless and sincere work. The program started with prayer song by college choir and then warm welcome address was given by Ms.Gilbert, II year. Then different cultural events like classical dance, western, fusion and folk dance was dedicated by I & II year students. A special dedication song and debate was organized. At last the program was ended with games and vote of thanks.





# 1. 4. AYUDHA POOJA CLEBRATIONS

On the Auspicious day of Saraswati Puja, the students and faculty members of college of nursing came together to seek the blessings of the goddess of knowledge, music, art and culture on 19.10.2023 at 2.00 to 3.30 p.m. On this special day all the Laboratories, class room and office were beautified with plantain trees, mango leaves, and glazing paper. Ms.Keerthika.K II Yr, B.Sc (N) welcomed the gathering. The rituals were started with bajans sung by B.Sc (N) & ANM students then the second and first year students performed mind blowing dance for Aigiri Nandhini song followed by Dr.Padmavathi.R, Principal, enriched the day by reciting the holistic slogans. At last programme was ended with vote of thanks by Ms.Gilbert II yr.



# 1.5. DIWALI CELEBRATIONS

SNA organized diwali celebration on 10.11.2023 at GRT CON auditorium between 2.00 to 3.30 pm. The programme was commenced with prayer song and formal welcome address. The day flourished with the presence of Honourable chief guest His grace JIVANA GAURA HARI DAS who brought divine experience in the heart of every audience by his divine address about the merciful lord Krishna and his team also performed Maha mantra bhajans. The classical dance depicting Krishna's loyalty to his friend was performed by Ms. Ashna & Co. The great epic story Seetha Rama Saritham drama was performed by Ms.Amala & team. The event continues with Krishna's mash up bhajan songs sung by Ms.Angel thangam & team. At last event ended with Diya/arthi offering to lord damodhara by everyone.



# STUDRIT MESS ASSOCIATION CASS STORM

# 1.6. CHRISMAS CELEBRATION

SNA Unit organized Christmas and New Year Celebration on 20.12.2023 at GRT CON, Auditorium. The chief guest of the day was Mr. Jayapaul A, M.Com., M.Ed., M.phil., M.Sc (C&P)., B.Th., (P.hd), Catechist and he gave the message of love and real meaning of Christmas to the audience. Students rejoiced the season with Carol songs, Skit, Cake cutting, Special Message and Special entry by Sanda and The programme came to an end by 3.00 pm with Vote of Thanks.



# 2.NSS ACTIVITIES

# 2.1. VAN MAHOTOSAV DAY

On 06th July, 2023, NSS Unit successfully completed the event of Tree Plantation an account of Van Mahotosav Day at Ladies Hostel campus, GRT Group of educational institutions. A very first tree was planted by Ms. Nithya, Clinical Instructor. Total tree planted by all the NSS volunteers was more than 10 on the day. All were happy and felt proud after the tree plantation event, because it really feels great to do positive for the nature.





# 2.2. WORLD POPULATION DAY

NSS Unit observed World Population Day on 11th July 2023. 100 NSS volunteers participated in the session. NSS volunteer of the College, Ms. Keerthika, BSc(N) Second year student welcomed the gathering. Dr. Angel Shalini W NSS Program Officer introduced the Chief Guest Prof. Sivagami P, Dept of Community Health Nursing and made a presentation on Population Day and its various aspects. The Population day Pledge was pronounced by the resource speaker.

# 2.3. ANTI DRUG

In concordance with the Tamilnadu Government's order to make students aware about ill effects of drug abuse, NSS unit observed Awareness day against drug abuse on 11th August 2023 on the theme "People first: stop stigma and discrimination, strengthen prevention". Anti-Drug Day Pledge was pronounced by Dr. Angel Shalini W, NSS Program Officer to all the BSc(N) students, ANM Students, Health Inspector students and to the faculty members. In total 256 students and the teachers took the oath.



# 2. 5. SADBHAVAN DAY

NSS Unit observed the National Sadbhawana day with 100 NSS volunteers on 21.08.2023 at College Auditorium. NSS Programme Officer, Dr. Angel Shalini W, gave the speech on the significance of the day and the Gathering was welcomed by Ms. Nivetha, NSS Volunteer. Followed by Speech on Biography of Rajiv Gandhi, painting on the theme was done by the NSS Volunteers. Then Ms. Nithya G Clinical Instructor proposed the Sadbhawana day pledge to the volunteers. Then the program ended with the National Anthem



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# 2.4. INDEPENDENCE DAY

National service scheme unit celebrated 77th Independence Day on 14.08.2023 at GRT CON Auditorium. The occasion started with Thamizhthai vazhthu and followed by welcome address given by B.sc(N) II year. A cultural and singing competition was organized based on the theme of "Nation First Always First". Cultural competition & singing competition were organized and it was evaluated by Mrs. Jayanthy.L, Associate professor, GRT college of nursing and Mr.Panneer Selvam, Music teacher, GRT college of education respectively. Winners were awarded with prizes. 1. Ms. Hibu Rinyo (First prize) 2.Ms.Auxcellin Jose.G(Second prize) 3.Ms.Takhe Munya(Third prize)





# 2. 6. INTERNATIONAL LITERACY DAY

On account of world literacy day NSS Unit organized quiz and Essay competition on 08.09.2023 with theme "Promoting literacy for a world in transition: Building the foundation for sustainable and peaceful societies" to the B.Sc (N) II year students. All the students actively participated and briefed about the literacy day importance





# 2.7. INTERNATIONAL PEACE DAY

International peace day was celebrated by the students and the teachers of GRT College of Nursing NSS Unit on 21.09.2023 with great enthusiasm to the patients and attenders at Government Hospital, Arakkonam. Gathering was welcomed Ms. Prabhavathy, NSS Volunteer with a brief introduction of the Resource Person Ms. Thanushiya, Certified Yoga trainer cum NSS Volunteer, BSc(N) I Year, GRT College of Nursing Tiruttani. Ms. Thanushiya, explained the importance of Yoga and how the regular practice of Yoga will help to achieve better mental and physical health. She has started Yoga demonstrations with the Yoga prayer. After which a few warm up and simple Asanas were performed to the group enthusiastically and the

importance of these Asanas was explained simultaneously by Ms. Thanushiya. She also conducted a 3 minute meditation session with the students and professed the regular use of meditation in one's life.

### 2. 8. NSS DAY

NSS Unit observed NSS Day on 24.09.2023 with 50 NSS volunteers. These volunteers were divided into two teams. One team have done cleaning campaign at Arakkonam Govt Hospital and another team gave awareness talk on environmental and personal hygiene to the general public at Government Hospital, Tiruttani.





# 2. 9. GANDHI JAYANTI

NSS Unit conducted the awareness talk on "Say No To Plastic" and 'Make India Single-Use-Plastic Free' by spreading awareness to the public at Government Hospital, Tiruttani on the 2nd of October, 2023. The team made them to understand the adverse effects of plastic on nature. People were very welcoming and they promised us to keep their campus plastic-free and encourage their families to go plastic-free as well.



# 2.10. CONSTITUTION DAY

The National Service Scheme unit observed the Constitution Day (National Law Day), on 26th November, 2023 to commemorate the adoption of the Constitution of India. The event started with reading the preamble that embarked the spirit of nationalism among the fellow students. More than 75 students participated in this event. The preamble was read in both languages.

# 2. 11. HUMAN RIGHTS DAY

To sensitize and educate the NSS volunteers about the importance of human rights and the need to protect and promote them, the NSS unit organized an online slogan writing for NSS volunteers on 10.12.2023. Many volunteers participated enthusiastically in the activity. The Human Rights day Pledge was pronounced by Mrs. Gowri, Clinical Instructor during the morning assembly. All the students and the faculty members also took the oath.





# 3.YRC ACTIVITIES

# 3.1 GENEVA CONVENTION DAY

Youth Red Cross unit organized Geneva Convention Day – 2023 on 12.08.2023 with the theme of "Accelerating action: Target for the sound of management of chemicals and waste". The program was started at 11.30 am, welcome speech was given by Ms.Swetha K. R BSc (N) final year student. DR. NAGANDERAN P R., District secre tary IRCS Thiruvallur District Branch was the

resource person and he gave detailed information about Geneva Convention Protocols, International Humanitarian Law Principles and Activities of Youth Red Cross Unit. Totally 93 students enthusiastically participated in that programme.





# 3. 2 INDEPENDENCE DAY

77th Independence Day was celebrated on 15.08.2023 at GRT campus. The chief guest Dr.Arumugam S, Dean Incharge / Principal GRT college of IET hoisted the flag and gave presidential address about freedom fighters. Followed by Ms.Ragavi.D.K.second year Bsc (N) student gave excellent performance of declamation to cherish the memory of our former prime minister and iron lady of India Mrs.Indira Gandhi. On account of this day, 11.08.2023 the Essay Competition was also conducted to Second year B.Sc Nursing Students on

the topic Freedom Fighters and their Struggles during Independence". It was evaluated by Asst, Prof.Boopathy (Dept of English) GRT college of Education and selected winners were awarded with prizes.

# 3.3 TEACHER'S DAY CELEBRATIONS

Teacher's day was organized on 05 th September 2023 at GRT CON Auditorium. The students enthusiastically dedicated the 'Tamil Kavidhaigal and Tamil Poetry about Teachers and second year student Ms.Yazhini., II year student spoke on

"My most beloved Teachers". Our faculty Mrs.Pramila. Assistant lecturer, OBG department spoke about What I learned from my students. Then a mind-blowing session Oratorical Speech about Idhigasa Puranangalil Gurukkal was performed by a team of students.





# 3.4 WORLD HEART DAY

World Heart Day-2023 with the theme of "Use Heart for every Heart" was organized at Urban PHC-Tiruttani. Dr.kiruthika, medical officer, Urban PHC, Tiruttani delivered a wonderful speech. The ANM first year students created awareness about heart problems through poster presentation and demonstrated basic exercises for maintaining healthy heart. The event received overwhelming response from patients with a total of 20 actively participating



# 3. 5. WORLD MENTAL HEALTH DAY

World Mental Health Day-2023 was successfully organized on October 10, 2023, with the theme "Mental health is a universal human right." The program commenced at 11:00 am, and Mrs. Suganthi, Assistant Professor, delivered the welcome speech. Ms. B. Priya, a 3rd-year student from GRT CON, gave an excellent poster presentation on how to treat mental health patients and protect their human rights to lead a healthy life. We received an overwhelming response from the attenders of our psychiatric patients, with a total of 35 people actively participating. The program concluded with a vote of thanks delivered by Ms. Shakina, clinical instructor.



# 3. 6. LITERACY DAY

On account of literacy day, GRT con YRC unit purchased new 34 moral story books. Those books were donated to GRT Mahalakshmi Vidyalaya (CBSE) School library, Tiruttani on 10-10-2023 for the utilization of the students. It was highly appreciated by the school principal and faculty members.





# 3. 7. NATIONAL BLOOD DONOR DAY

The GRT CON Youth Red Cross unit successfully organized National Blood Donors' Day on 12.10.2023 with the theme "Give blood, give plasma, share life, share often." The event took place at Srinivasapuram. B.Sc (N) second-year students created posters highlighting the importance and benefits of blood donation. Ms. Prabhavathi and Ms. Yazhini, both B.Sc (N) second-year students,



explained the advantages and significance of blood donation. The event received an overwhelming response from the attenders, with a total of 25 members actively participating. The program was concluded with a vote of thanks delivered by Ms. Priya.R, Clinical Instructor.



# 3. 9 NATIONAL FILARIA DAY

On behalf of GRT CON Youth Red Cross Unit, the National Filariasis Day-2023 was successfully organized on 11.11.2023 with the theme "Act to gether"." The program was conducted at Arakkonam Government Hospital campus. Our B.Sc (N) 1st-year students organized a human rally and chanted

# 3. 8. NATIONAL CANCER AWARENESS DAY

GRT CON Youth Red Cross unit successfully organized National Cancer Awareness Day on 09.11.2023 with the theme "Close the Care Gap." The program commenced at 10:30 am. Our BSc Nursing 1st-year and 4th-year students conducted poster presentations on various aspects of cancer, including its meaning, causes, signs and symptoms, treatment, prevention, and rehabilitation. Additionally, they demonstrated breast self-examination to postnatal mothers. The participants responded overwhelmingly to the event, with a total of 15 members actively participating.



slogans regarding filariasis, emphasizing the importance of prevention and management. They created awareness about the causes of filariasis and the available methods for its prevention and management. The program was highly beneficial to the public, and we received an overwhelming response. A total of 33 students actively participated in the event.

# 3.10 NATIONAL DIABETIC DAY

On behalf of GRTCON Youth Red Cross unit, we organized national diabetic day-2023 on 14.11. 2023 with the theme of "Access Diabetic Care" at Government hospital, Arakkonam. Our BSC (N) first year students created awareness about risk factors, causes, dietary management, life style modification and complications of Diabetes mellitus by using posters. Totally 33 members actively participated.



# 3.12 AIDS DAY

World AIDS Day was organized on December 1, 2023, at Tiruttani Government Hospital. The program began with a welcome address delivered by Ms. Thrisha, a third-year student. Following that, the students performed a skit aimed at creating awareness about the transmission and prevention of HIV among the people. A poster presentation related to the theme "let communities lead" was conducted, and it was evaluated by Mrs. Muthulakshmi, Nursing Superintendent of Tiruttani Government Hospital.



# 3.11 INTERNATIONAL DAY FOR DISASTER REDUCTION

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The GRT CON Youth Red Cross unit successfully organized the International Day for Disaster Reduction on 21.11.2023 with the theme "Fighting inequality for a resilient future." Our ANM second-year students played a crucial role in creating awareness about different types of disasters, how to protect oneself from them, and the necessary steps to be taken before a disaster occurs. The session proved to be highly informative for the public, helping them understand the services provided by our state government during times of disaster. We received an overwhelming response from the participants, with a total of 30 members actively taking part. The program was concluded with a vote of thanks delivered by Ms. Yuvarani. C.



The posters were displayed, and the students captivated the audience with their presentations. The session concluded with a vote of thanks delivered by Ms. Saritha, third-year student.



# **4.RED RIBBON CLUB ACTIVITES**

# 4.1 ORIENTATION TRAINING TO RRC COORDINATORS AND PEER EDUCATORS

GRT College of Nursing Organized Red Ribbon Club Orientation Training Programme on 1st August 2023 at our GRT CON Auditorium. BSc Nursing 4 Years, ANM students and nearly 20 faculty members participated. The Occasion started with welcome address by final year student and introduced the Chief Guest, Mr. M.S.Pugazh, Deputy Director, IEC Tamilnadu State AIDS Control Services, Chennai. Followed by that the resource speaker explained about voluntary action of RRC on campus intervention is being implemented in the higher educational institutions, aiming at organizing



awareness camp and mass health education on AIDS. During the meeting, all volunteers were enthusiastically participated in the training programme. Volunteers understood the importance of RRC and were very proud to be part of the same. Organizing chairperson Dr. Padmavathi.R, Principal GRT College of Nursing felicitated the guest. Then the session was ended with vote of Thanks.



# 4.2 INTERNATIONAL YOUTH DAY

Red Ribbon Club, Celebrated International youth day on 12 August 2023 at GRT CON Auditorium. Second year, final year and ANM first Students participated in the programme. The Occasion started with welcome address by second year student. Followed by that extempore speech on "Role of Youth for Environmental Sustainability" was conducted and it was evaluated by Dr.Angel shalini and also poster presentation on "Green Skills for Youth towards a Sustainable World" was conducted which evaluated and was Prof.Mrs.Umamaheshwari. The session was ended with vote of Thanks by final year student



# 4.3 NATIONAL VOLUNTARY BLOOD DONATION DAY

Red ribbon club, celebrated national voluntary blood donation day 2023 on 06.10.2023 at government hospital Arakonam and BSc(N) I year students participated in this programme. The occasion started with pledge of national voluntary blood donation day followed by that the students started the human chain rally in AGH campus for creating awareness about blood donation among peoples. Dr.Shobana, M.B.B.S, M.D., Pathologist AGH, was the Resource Speaker and she explained about blood donation, donar selection protocols, and types of blood donors and storage of blood.





# 4.4 WORLD HIV / AIDS DAY

Red Ribbon Club organized world AIDS day on 01.12.2023 based on theme "let communities lead" at Government Hospital, Arakonam. The program was inaugurated with the pledge of world AIDS day by ICTC volunteers. After that the students started the human rally in AGH campus and chanted slogans on AIDS transmission and prevention to create awareness to the public. Additionally, Mr.Velan, ICTC incharge and AIDS counselor gave detailed information about the nature of ICTC, procedures, protocols and referring methods of HIV persons.







# GRT COLLEGE OF NURSING TIRUTTANI

Approved by: Government of Tamilnadu Recognised by Indian Nursing Council & The Tamil Nadu Nurses and Midwives Council Affiliated to The Tamil Nadu Dr. M.G.R. Medical University, Guindy, Chennai

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